

## **Charred Miso Turkey**

with Sesame Fries and Japanese Salad

**FAMILY** 

**35 Minutes** 







Turkey Scallopine







Sesame Oil

Sesame Seeds







Russet Potato







Spring Mix

Mayonnaise





White Wine Vinegar

Crispy Shallots

## **START HERE**

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

### **Bust Out**

Parchment Paper, Large Non-Stick Pan, Baking Sheet, Large Bowl, Paper Towels, Whisk, Medium Bowl, Measuring Spoons

### **Ingredients**

3		
	2 Person	4 Person
Turkey Scallopine	340 g	680 g
Miso	3 tbsp	6 tbsp
Sesame Oil	1 tbsp	2 tbsp
Sesame Seeds	1 tbsp	1 tbsp
Russet Potato	460 g	920 g
Cucumber	66 g	132 g
Spring Mix	56 g	113 g
Mayonnaise	2 tbsp	4 tbsp
White Wine Vinegar	2 tbsp	4 tbsp
Crispy Shallots	28 g	28 g
Oil*		
Salt and Pepper*		

<sup>\*</sup> Pantry items

#### **Allergens**

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



### 1. BAKE FRIES

Cut **potatoes** into ¼-inch matchstick fries. Toss **fries** with **1 tbsp oil** (dbl for 4ppl) and **sesame seeds** on a parchment-lined baking sheet. Season with **salt** and **pepper**. Bake in the **middle** of the oven, until golden-brown, 25-28 min. (**NOTE:** For 4 ppl, use 2 baking sheets, with 1 tbsp oil per sheet. Bake in top and middle of oven and rotate sheets halfway through cooking)



### 2. MARINATE TURKEY

While the **fries** bake, combine the **miso paste**, **half the vinegar** and **1 tbsp water** (dbl for 4ppl) in a large bowl. Pat the **turkey** dry with paper towels. Add the **turkey** to the bowl with the **miso mixture** and toss to coat. Set aside.



# 3. FINISH PREP & MAKE DRESSING

While the **turkey** marinates, thinly slice the **cucumber** into ¼-inch rounds. Whisk together the **sesame oil**, **remaining vinegar** and **mayo** in a medium bowl. Season with **salt** and **pepper**. Set aside.



### 4. COOK TURKEY

Heat a large non-stick pan over medium heat. When hot, Add **1 tbsp oil** (dbl for 4 ppl), then the **turkey**. Cook until charred all over and cooked through, 6-8 min.\*\*



### 5. TOSS SALAD

Add the **cucumber**, **spring mix** and **half the crispy shallots** to the medium bowl with the **dressing**. Toss to coat.



### 6. Finish and Serve

Divide the miso turkey, sesame fries and salad between plates. Sprinkle over remaining crispy shallots.

### **Dinner Solved!**

#### Contact

Share your photos #HelloFreshLife Call or email us | (855) 272-7002 hello@hellofresh.ca HelloFresh.ca



<sup>\*\*</sup> Cook to a minimum internal temperature of 74°C/165°F, as size may vary.