

# CARNE ASADA BEEF TOSTADA

with Chipotle, Zesty Slaw and Lime Crema







## **HELLO TOSTADA**

Spanish for "toasted", which is exactly what we do to these flour tortillas



**Beef Strips** 



Flour Tortillas, 6" Green Bell Pepper



Lime





Roma Tomato

Sour Cream



shredded

Radishes

Cilantro

Garlic

Feta Cheese

#### **BUST OUT**

- Aluminum Foil
- Medium Bowl
- 2 Baking Sheets
- Paper Towel
- Zester
- Large Bowl
- Measuring Spoons
- Small Bowl
- Silicone Brush
- Salt and Pepper
- Garlic Press
- · Olive or Canola oil

#### INGREDIENTS

INOKEDIENTO			
:	2-person	ij	4-person
Beef Strips	285 g	I	570 g
• Flour Tortillas, 6" 1,4,9	6	I	12
Green Bell Pepper	200 g	I	400 g
• Lime	1	I	2
Roma Tomato	80 g	I	160 g
• Sour Cream 2	3 tbsp	I	6 tbsp
• Chipotle Powder 🤳	1/ <sub>2</sub> tsp	I	1 tsp
<ul> <li>Red Cabbage, shredded</li> </ul>	113 g	I	227 g
Radishes	56 g	I	113 g
Cilantro	10 g	I	20 g
• Garlic	10 g	I	20 g
• Feta Cheese 2	¹/ <sub>4</sub> cup	I	¹/ <sub>2</sub> cup

## ALLERGENS ALLERGÈNES

Some ingredients are produced in a facility that also processes milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Certains ingrédients sont produits dans des installations qui traitent également lait, la moutarde, les arachides, le sésame, le soya, les sulfites, les noix et le blé.

- O Seafood/Fruit de Mer 6 Mustard/Moutarde
- 1 Wheat/Blé 7 Peanut/Cacahuète
- 2 Milk/Lait
- 8 Sesame/Sésame
- 3 Egg/Oeuf
- 9 Sulphites/Sulfites
- 4 Soy/Soja
- 10 Crustacean/Crustacé
- 5 Tree Nut/Noix
- 11 Shellfish/Fruit de Mer
- Laver et sécher tous les aliments.
- \*\*Cuire jusqu'à une température interne minimale de 71°C/160°F.



### START STRONG



Preheat your broiler to high (to broil the peppers and tortillas). In Step 5, the technique of "Carne Asada" is the style of thinly slicing grilled beef!



PREP Wash and dry all produce.\* Core. then cut the **pepper(s)** into ½-inch cubes. Zest, then juice half the lime (dbl for 4 ppl). Cut the **remaining lime** into wedges. Cut the tomato(es) into 1/4-inch cubes. Mince or grate the garlic. Roughly chop the cilantro. Cut the radish slices into 1/8-inch matchsticks.



MARINATE BEEF Pat the **beef** dry with paper towels. In a large bowl, toss the beef, ½ tsp chipotle (dbl for 4 ppl), half the garlic and half the lime zest. Season with salt and **pepper**. Set aside. In a small bowl, combine the sour cream with 1/2 tbsp lime juice (dbl for 4 ppl) and remaining lime zest. Set aside.



**BROIL PEPPERS** On a foil-lined baking sheet, toss peppers with 1 tsp oil (dbl for 4ppl). Season with **salt** and **pepper**. Broil in the middle of the oven until softened. 4-5 min. (TIP: Keep your eye on them so they don't burn!) Meanwhile, on another foil-lined baking sheet, evenly lay out tortillas. Brush both sides of tortillas with 1 tbsp oil. (NOTE: For 4 ppl, work in two batches, using 1 tbsp oil per batch.)



TOAST TORTILLAS Broil tortillas in the middle of oven until golden-brown and crispy, 2-3 min per side. (TIP: Keep your eye on them so they don't burn!) Meanwhile, in a medium bowl, combine the peppers, tomatoes, cilantro, radish, cabbage, 2 tbsp oil (dbl for 4 ppl), remaining lime juice, and remaining garlic. Stir to combine. Season with salt and pepper. Set aside.



**COOK BEEF** Heat a large non-stick pan over medium-high heat. When the pan is hot, add 1 tbsp oil (dbl for 4 ppl), then the **beef strips**. Cook until browned, 1-2 min per side. (TIP: Cook to a minimum internal temp. of 71°C/160°F.\*\*) (TIP: Cook the beef in two batches for 4 ppl, using 1 tbsp oil for each batch!) Remove pan from the heat and transfer beef to a cutting board. Carefully chop beef into 1/8-inch pieces or "Carne Asada" style.



**FINISH AND SERVE** Divide the cabbage mixture between the **tostadas**. Top with the Carne Asada beef and sprinkle over the feta. Dollop over the crema. Squeeze over a lime wedge.

### CHIPOTLE EH!

Fresh or dried, we love the smokey, spicy taste of chipotles!