



# Caesar Turkey Burgers



with Side Salad and Parmesan Mayo

25 Minutes

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 Swap	 Swap
Ground Beef 250 g   500 g	Beyond Meat® 2   4

	
Ground Turkey 250 g   500 g	Artisan Bun 2   4

	
Mayonnaise ½ cup   ½ cup	Parmesan Cheese, shredded ¼ cup   ½ cup

	
Spring Mix 56 g   113 g	Lemon 1   1

	
Italian Breadcrumbs ½ cup   ½ cup	Dijon Mustard 1 ½ tsp   3 tsp

	
Garlic Puree 1 tbsp   2 tbsp	Croutons 28 g   56 g


Italian Dressing 2 tbsp   4 tbsp

**Allergens** Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

**Pantry items** | Unsalted butter\*, oil\*, pepper\*, salt\*

**Cooking utensils** | Baking sheet, medium bowl, measuring spoons, zester, large bowl, small bowl, large non-stick pan

1



## Prep

- Before starting, remove 2 **tbsp** (4 **tbsp**) butter from the fridge and set aside to come up to room temperature.

- Preheat the oven to 450°F.

- Wash and dry all produce.

### • **Garlic Guide for Step 1:**

- Mild: ½ **tsp** (¼ **tsp**)
- Medium: ¼ **tsp** (½ **tsp**)
- Extra: ½ **tsp** (1 **tsp**)

- Zest, then juice **half the lemon** (use same for 4 ppl). Cut **remaining lemon** into wedges.
- Add **mayo, Dijon, Parmesan, half the lemon zest** (use all for 4 ppl), **1 tsp** (2 **tsp**) **lemon juice** and ¼ **tsp** (½ **tsp**) **garlic puree** to a small bowl. (**NOTE:** Reference garlic guide.)
- Season with **salt** and **pepper**, then stir to combine.

4



## Toast buns

- Meanwhile, stir together 2 **tbsp** (4 **tbsp**) **softened butter** and **remaining garlic puree** in another small bowl. Season with **salt** and **pepper**.
- Halve **buns**, then spread **garlic butter** on cut sides.
- Arrange **buns** on an unlined baking sheet, cut-side up.
- Toast in the **top** of the oven until lightly golden, 4-6 min. (**TIP:** Keep an eye on buns so that they don't burn!)

2



## Form patties

🔄 Swap | **Ground Beef**

🔄 Swap | **Beyond Meat®**

- Meanwhile, add **turkey, breadcrumbs** and ⅓ **tsp** (¼ **tsp**) **salt** to a medium bowl. Season with **pepper**, then combine.
- Form **turkey mixture** into **two 4-inch-wide patties** (4 patties for 4 ppl). (**NOTE:** Your mixture may look wet; this is normal. In step 4, you can carefully re-shape patties when cooking.)

3



## Cook patties

- Heat a large non-stick pan over medium-high heat.
- When the pan is hot, add ½ **tbsp** (1 **tbsp**) **oil**, then **patties**. Pan-fry until cooked through, 4-5 min per side.\*\*
- Transfer to a plate, then cover to keep warm.

5



## Make salad

- Combine **Italian dressing** and 1 **tsp** (2 **tsp**) **lemon juice** in a large bowl. Season with **pepper**.
- Add **spring mix**, then toss to combine, just before serving.

6



## Finish and serve

- Spread **Parmesan mayo** on **top and bottom buns**.
- Stack **patties** and **some salad** on **bottom buns**. Close with **top buns**.
- Divide **burgers** and **remaining salad** between plates.
- Top **salad** with **croutons**.
- Squeeze a **lemon wedge** over **salad**, if desired.

Measurements  
within steps

1 **tbsp** (2 **tbsp**) **oil**  
2 person 4 person Ingredient

## 2 | Form beef patties

🔄 Swap | **Ground Beef**

If you've opted to get **beef**, prepare, cook and plate it in the same way the recipe instructs you to prepare and cook the **turkey**.\*\*

## 2 | Form Beyond Meat® patties

🔄 Swap | **Beyond Meat®**

If you've opted to get **Beyond Meat®**, skip the instructions to form the **patties**. Save **breadcrumbs** for another use. Then cook and plate **Beyond Meat® patties** the same way the recipe instructs you to cook and plate the **turkey patties**.\*

\*\* Cook to a minimum internal temperature of 74°C/165°F.



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