

Bruschetta Bocconcini Bowl

with Crispy Garlic Croutons

Veggie

30 Minutes





Israeli Couscous





Garlic Salt



Balsamic Glaze

Arugula and Spinach Mix

Parsley







Roasted Red Peppers





Bocconcini Cheese





Vegetable Broth Concentrate



Ciabatta Bun

Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust Out

Baking sheet, medium bowl, measuring spoons, strainer, medium pot, measuring cups, whisk, paper towels

Ingredients

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	2 Person	4 Person
Israeli Couscous	¾ cup	1 ½ cup
Baby Tomatoes	113 g	227 g
Garlic Salt	½ tsp	1 tsp
Balsamic Glaze	1 tbsp	2 tbsp
Roasted Red Peppers	170 ml	340 ml
Arugula and Spinach Mix	56 g	113 g
Bocconcini Cheese	100 g	200 g
Parsley	7 g	14 g
Vegetable Broth Concentrate	1	2
Ciabatta Bun	1	2
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Cook couscous

Heat a medium pot over medium-high heat. Add 1 ½ cups water (dbl for 4 ppl) and broth concentrate. Bring to a boil over high heat. Add couscous to the pot with the boiling water. Cook, uncovered, stirring occasionally, until tender, 6-8 min. Drain and rinse under cold water. Return to pot, off heat, then toss with 1 tbsp oil (dbl for 4 ppl).



Make croutons

While the **couscous** cooks, cut or tear the **ciabatta** into ½-inch pieces. Toss with **1 tbsp oil** and ½ **tsp garlic salt** (dbl both for 4 ppl) on a baking sheet. Season with **pepper**. Toast, in the **middle** of the oven, tossing once halfway, until golden, 4-5 min.



Prep

While **croutons** toast, pat the **peppers** dry with paper towels, then cut into ½-inch pieces. Roughly chop the **arugula and spinach mix**. Roughly chop the **parsley**. Halve the **tomatoes**. Halve the **bocconcini**. Season with ¼ tsp garlic salt (dbl for 4 ppl) and **pepper**.



Make salad

Whisk together 2 tbsp oil and ½ tbsp balsamic glaze (dbl both for 4 ppl) in a medium bowl. Add the tomatoes and peppers. Toss to combine. Season with salt and pepper. Set aside.



Finish and serve

Add half the parsley to the pot with the couscous, then season with salt and pepper. Toss to combine. Divide the couscous between bowls. Top with the arugula and spinach mix, then the tomato-pepper salad, croutons and bocconcini. Drizzle with ½ tbsp balsamic glaze (dbl for 4 ppl). Sprinkle remaining parsley over top.

Dinner Solved!