

Family Friendly 25–35 Minutes

💫 Customized Protein 🔒 Add 🔿 Swap 😣 Double or

If you chose to alter your protein, simply follow the **icons and specific instructions** on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🚱





Shrimp



Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Pantry items | Oil, unsalted butter, salt, pepper

Cooking utensils | Medium bowl, measuring spoons, strainer, medium pot, measuring cups, whisk, large non-stick pan, paper towels



Cook aromatics

- Before starting, wash and dry all produce.
- Heat a medium pot over medium heat.
- When the pot is hot, add 1 tbsp (2 tbsp) oil, then mirepoix. Cook, stirring often, until softened, 2-3 min.
- Season with ¼ tsp (½ tsp) garlic salt.



Cook rice

- Add half the garlic puree and rice to the pot. Cook, stirring often, until fragrant, 1-2 min.
- Add 1 ¼ cups (2 ½ cups) water and ½ tsp (¼ tsp) salt. Cover and bring to a boil over high heat.
- Once water is boiling, reduce heat to low. Cover and cook until rice is tender and liquid is absorbed. 15-18 min.
- Remove from heat. Set aside, still covered.



Prep

🕺 Double | Shrimp

- Meanwhile, halve **zucchini** lengthwise, then cut into 1/2-inch half-moons.
- Thinly slice green onions.
- Drain and rinse **shrimp**. Pat dry with paper towels. Season with ¹/₂ tsp (1 tsp) garlic salt and **pepper**.
- Add soy sauce, honey-garlic sauce, remaining garlic puree, 1/4 cup (1/2 cup) water and 1/2 tbsp (1 tbsp) cornstarch to a medium bowl. Whisk to combine, then set aside.



- Heat a large non-stick pan over medium heat.
- When the pan is hot, add ¹/₂ tbsp (1 tbsp) oil, then **zucchini**. Cook, stirring occasionally, until tender-crisp, 3-4 min.
- Season with salt and pepper.
- Transfer to a plate.



Cook shrimp and make sauce

- Add 2 tbsp (4 tbsp) butter to the same pan, then swirl until melted.
- Continue to cook butter, stirring often, until golden-brown, 2-3 min. (TIP: Keep an eye on butter so it doesn't burn!)
- Add shrimp and honey garlic-soy mixture. Cook, stirring often, until sauce thickens slightly and **shrimp** is cooked through, 4-5 min.**
- Stir in zucchini.



Finish and serve

- Fluff rice with a fork, then stir in half the green onions. Season with salt, to taste.
- Divide veggie rice between plates.
- Top with shrimp and zucchini.
- Sprinkle remaining green onions over top.



3 Prep shrimp

😡 Double | Shrimp

If you've opted for **double shrimp**, prepare, cook and plate it in the same way the recipe instructs you to prepare and cook the regular portion of shrimp. Work in batches, if necessary.

