

HELLO Brown Butter Honey-Garlic Shrimp with Veggie Rice and Zucchini

with Veggie Rice and Zucchini

Family Friendly 25-35 Minutes



Shrimp 570 g | 1140 g









If you chose to alter your protein, simply follow the icons and specific instructions on the back in the sidebar and you're set. You can also refer to your customized recipe online, visit hellofresh.ca 🦫







285 g | 570 g





Mirepoix 113 g | 227 g

2 tbsp | 4 tbsp



Green Onion



1 | 2

2 | 4



Honey-Garlic Sauce 4 tbsp | 8 tbsp



Garlic Puree 1 tbsp | 2 tbsp



Garlic Salt 34 tsp | 1 1/2 tsp



1/2 tbsp | 1 tbsp

Allergens Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information. Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat. Cooking utensils | Medium bowl, measuring spoons, strainer, medium pot, measuring cups, whisk, large non-stick pan, paper towels



Cook aromatics

- Before starting, wash and dry all produce.
- Heat a medium pot over medium heat.
- When the pot is hot, add 1 tbsp (2 tbsp) oil, then mirepoix. Cook, stirring often, until softened, 2-3 min.
- Season with 1/4 tsp (1/2 tsp) garlic salt.



Cook rice

- Add half the garlic puree and rice to the pot.
 Cook, stirring often, until fragrant, 1-2 min.
- Add 1 ¼ cups (2 ½ cups) water and ½ tsp (¼ tsp) salt. Cover and bring to a boil over high heat.
- Once water is boiling, reduce heat to low.
 Cover and cook until rice is tender and liquid is absorbed, 15-18 min.
- Remove from heat. Set aside, still covered.



Prep

2 Double | Shrimp

- Meanwhile, halve **zucchini** lengthwise, then cut into ½-inch half-moons.
- Thinly slice green onions.
- Drain and rinse shrimp. Pat dry with paper towels. Season with ½ tsp (1 tsp) garlic salt and pepper.
- Add soy sauce, honey-garlic sauce, remaining garlic puree,
 4 cup (½ cup) water and
 15 tbsp (1 tbsp) cornstarch to a medium bowl. Whisk to combine, then set aside.



Cook zucchini

- Heat a large non-stick pan over medium heat.
- When the pan is hot, add ½ tbsp (1 tbsp) oil, then zucchini. Cook, stirring occasionally, until tender-crisp, 3-4 min.
- Season with salt and pepper.
- Transfer to a plate.



Cook shrimp and make sauce

- Add 2 tbsp (4 tbsp) butter to the same pan, then swirl until melted.
- Continue to cook **butter**, stirring often, until golden-brown, 2-3 min. (TIP: Keep an eye on butter so it doesn't burn!)
- Add shrimp and honey garlic-soy mixture.
 Cook, stirring often, until sauce thickens slightly and shrimp is cooked through,
 4-5 min.**
- Stir in zucchini.



Finish and serve

- Fluff rice with a fork, then stir in half the green onions. Season with salt, to taste.
- Divide veggie rice between plates.
- Top with shrimp and zucchini.
- Sprinkle **remaining green onions** over top.



(2 tbsp) oil

3 | Prep shrimp

2 Double | Shrimp

If you've opted for **double shrimp**, prepare, cook and plate it in the same way the recipe instructs you to prepare and cook the **regular portion of shrimp**. Work in batches, if necessary.