

Brie and Caramelized Onion Sandwiches

with Apple Arugula Salad and Fig Vinaigrette

Veggie

30 Minutes



Start here

- Before starting, preheat the oven to 450°F.
- Wash and dry all produce.

Bust out

Baking sheet, measuring spoons, large bowl, small bowl, whisk, large non-stick pan

Ingredients

2 Person	4 Person
125 g	250 g
285 g	570 g
2	4
1	2
113 g	226 g
113 g	226 g
1 tbsp	2 tbsp
2 tbsp	4 tbsp
1 tbsp	2 tbsp
56 g	113 g
	125 g 285 g 2 1 113 g 113 g 1 tbsp 2 tbsp 1 tbsp

- * Pantry items
- ** Cook to a minimum internal temperature of 63°C/145°F for medium-rare; steak size will affect doneness.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Caramelize onions

- · Heat a large non-stick pan over medium heat.
- While the pan heats, peel, then cut **onion** into ¼-inch slices.
- When the pan is hot, add 1 tbsp oil (dbl for 4 ppl), then onions. Season with salt. Cook, stirring occasionally, until slightly softened, 3-4 min.
- Add half the fig spread and 2 tbsp water (dbl for 4 ppl). Cook, stirring occasionally, until onions are jammy and dark golden-brown,
 5-8 min.
- Remove from heat, then transfer onions to a small bowl.

If you've opted to add **steak**, pat **steaks** dry with paper towels, then season with **salt** and **pepper**. Before cooking **onions**, heat a large non-stick pan over medium-high heat. When hot, add ½ **tbsp oil** (dbl for 4 ppl), then **steaks**. Sear for 1-2 min per side, then transfer to an unlined baking sheet. Roast in the **middle** of the oven until cooked to desired doneness, 5-8 min.** Return the same non-stick pan to medium to cook **onions**.



Toss salad

- Add arugula and spinach mix and carrots to the bowl with apples and dressing.
- Season with **salt** and **pepper**, then toss to combine.



Prep

- Halve buns.
- Core, then cut **apple** into 1/4-inch matchsticks.
- Whisk together vinegar, remaining fig spread and 1 tbsp oil (dbl for 4 ppl) in a large bowl. Add apples, then toss to coat.
- Cut **brie** in half, through the centre, parallel to the cutting board.



Toast sandwiches

- Arrange **buns** on an unlined baking sheet, cut-side up.
- Spread **mustard** on **bottom buns**, then top with **brie halves**, cut-side up.
- Spread onion mixture on top buns.
- Bake in the **middle** of the oven until **brie** is warmed through, 2-4 min. (TIP: Keep an eye on buns so they don't burn!)



Finish and serve

- Sandwich **top** and **bottom buns** together, then cut **sandwiches** in half. (TIP: Add some salad to the sandwiches, if desired!)
- Divide sandwiches and salad between plates.

When **steaks** are done, transfer to a cutting board. Cover with foil then set aside to rest for 2-3 min. Thinly slice **steaks**. Top **brie** with **steak** before sandwiching **buns** together.

Contact