

Brie and Caramelized Onion Sandwiches

with Apple Arugula Salad and Fig Vinaigrette

Veggie

30 Minutes





Brie Cheese





Arugula and Spinach



Whole Grain Mustard





White Wine Vinegar

Fig Jam



Artisan Bun



Red Onion



Pepitas

Start here

- Before starting, preheat the broiler to high.
- Wash and dry all produce.

Bust out

Baking sheet, measuring spoons, large bowl, whisk, large non-stick pan

Ingredients

ingi calcine		
	2 Person	4 Person
Brie Cheese	125 g	250 g
Gala Apple	1	2
Arugula and Spinach Mix	56 g	113 g
Whole Grain Mustard	1 tbsp	2 tbsp
Fig Jam	2 tbsp	4 tbsp
White Wine Vinegar	1 tbsp	2 tbsp
Artisan Bun	2	4
Red Onion	113 g	226 g
Pepitas	28 g	56 g
Oil*		
0.1: 10		

Salt and Pepper*

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Caramelize onions

Peel, then cut **onion** into ¼-inch slices. Heat a large non-stick pan over medium heat. When hot, add **1 tbsp oil** (dbl for 4 ppl), then **onions**. Cook, stirring occasionally, until slightly softened, 3-4 min. Add **half the fig jam** and season with **salt**. Cook, stirring occasionally, until **onions** are dark goldenbrown, 5-8 min. Remove the pan from heat, then transfer **onions** to a plate. Carefully rinse and wipe the pan clean.



Prep

While **onions** caramelize, core, then cut **apple** into ¼-inch matchsticks. Cut **brie** in half, through the centre, parallel to the cutting board. Halve **buns**. Whisk together **vinegar**, **remaining fig jam** and **1 tbsp oil** (dbl for 4 ppl) in a large bowl. Add **apples**, then toss to coat.



Toast sandwiches

Arrange **buns** on an unlined baking sheet, cut-side up. Spread **mustard** on **bottom buns**, then top with **brie halves**, cut-side up. Spread **onion mixture** on **top buns**. Broil in the **middle** of the oven until **brie** is warmed through, 2-4 min. (TIP: Keep an eye on buns so they don't burn!)



Toast pepitas

While **sandwiches** toast, heat the same pan (from step 1) over medium. Add **pepitas** to the dry pan. Toast, stirring often, until goldenbrown, 4-5 min. (TIP: Keep your eye on them so they don't burn!) Transfer **pepitas** to a plate.



Finish salad

Add **arugula and spinach mix** and **pepitas** to the large bowl with **apples and dressing**. Season with **salt** and **pepper**, then toss to combine.



Finish and serve

Sandwich **top** and **bottom buns** together, then cut **sandwiches** in half. Divide **sandwiches** and **salad** between plates.

Dinner Solved!

Contact

Share your photos #HelloFreshLife Call or email us | (855) 272-7002 hello@hellofresh.ca HelloFresh.ca

^{*} Pantry items