



Brie and Caramelized Onion Sandwiches

with Fig, Apple and Arugula Salad

Veggie

30 Minutes



Brie Cheese



Gala Apple



Arugula and Spinach Mix



Whole Grain Mustard



Fig Jam



White Wine Vinegar



Artisan Bun



Red Onion



Pepitas

HELLO BRIE

This creamy cheese takes a sandwich from simple to luxurious!

Start here

- Before starting, preheat broiler to high.
- Wash and dry all produce.

Bust Out

Baking sheet, measuring spoons, large bowl, whisk, large non-stick pan

Ingredients

	2 Person	4 Person
Brie Cheese	125 g	250 g
Gala Apple	1	2
Arugula and Spinach Mix	56 g	113 g
Whole Grain Mustard	1 tbsp	2 tbsp
Fig Jam	2 tbsp	4 tbsp
White Wine Vinegar	1 tbsp	2 tbsp
Artisan Bun	2	4
Red Onion	113 g	226 g
Pepitas	28 g	56 g
Oil*		

Salt and Pepper*

* Pantry items

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

Contact

Share your photos #HelloFreshLife
Call or email us | (855) 272-7002
hello@hellofresh.ca
HelloFresh.ca



1 Prep

Core, then cut **apple** into matchsticks. Cut **brie** in half, through the centre, parallel to the cutting board. Halve **buns**. Whisk together **vinegar**, **half the fig jam** and **1 tbsp oil** (dbl for 4 ppl) in a large bowl. Add **apples** and toss to combine. Peel, then cut the **onion** into ¼-inch slices.



2 Caramelize onions

Heat a large non-stick pan over medium heat. When hot, add **1 tbsp oil** (dbl for 4 ppl), then **onions**. Cook until slightly softened, 3-4 min. Add **remaining fig jam** and season with **salt**. Cook, stirring occasionally, until the **onions** are dark golden-brown, 4-6 min. Carefully rinse and wipe pan clean.



3 Toast sandwiches

Arrange **bun halves** on a baking sheet, cut side up. Spread **mustard** on **bottom buns** and top with **brie halves**, cut side up. Spread **onion mixture** onto **top buns**. Broil the **middle** of the oven, until **brie** melts, 3-5 min.



4 Toast pepitas

While **sandwiches** toast, heat the same pan (from step 2) over medium. Add the **pepitas** to the dry pan. Toast, stirring often, until golden-brown, 3-4 min. (**TIP:** Keep your eye on them so they don't burn!) Transfer to a plate.



5 Finish salad

Add **arugula and spinach mix** and **pepitas** to the large bowl with **apples** and **dressing**. Toss to combine. Season with **salt** and **pepper**.



6 Finish and serve

Sandwich **top** and **bottom buns** together, then cut in half. Divide **sandwiches** and **salad** between plates.

Dinner Solved!