

Beef Masala-Style Tacos with Cucumber Raita and Chili-Cilantro Oil

Quick

Spicy

25 Minutes





Ground Beef





Garlic Puree







Onion, chopped





Mini Cucumber

Tomato Sauce Base



Greek Yogurt



Cilantro



Red Chili Pepper







Baby Spinach

Flour Tortillas, 6-inch



Roma Tomato

Start here

Before starting, wash and dry all produce.

Heat Guide for Step 3 (dbl for 4 ppl):

- Mild: 1/8 tsp
- Medium: 1/4 tsp
- Spicy: 1/2 tsp
- Extra-spicy: 1 tsp

Bust out

Medium bowl, measuring spoons, zester, box grater, large bowl, small bowl, measuring cups, large non-stick pan, paper towels, whisk

Ingredients

9		
	2 Person	4 Person
Ground Beef	250 g	500 g
Indian Spice Mix	2 tbsp	4 tbsp
Garlic Puree	1 tbsp	2 tbsp
Onion, chopped	56 g	113 g
Tomato Sauce Base	2 tbsp	4 tbsp
Mini Cucumber	66 g	132 g
Greek Yogurt	100 ml	200 ml
Cilantro	7 g	14 g
Red Chili Pepper 🤳	1	2
Baby Spinach	113 g	227 g
Lime	1	1
Flour Tortillas, 6-inch	6	12
Roma Tomato	80 g	60 g
Sugar*	1 tsp	2 tsp
Oil*		
Salt and Pepper*		

- * Pantry items
- ** Cook to a minimum internal temperature of 74°C/165°F.

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Prep

Roughly chop **cilantro**. Finely chop **chili**, removing seeds for less heat. (TIP: We suggest using gloves when prepping chilis!) Coarsely grate **one cucumber** (dbl for 4 ppl). Cut **remaining cucumber** into ¼-inch rounds. Cut **tomato** into ¼-inch pieces. Zest, then juice **lime**.



Cook beef filling

Heat a large non-stick pan over mediumhigh heat. When hot, add ½ tbsp oil (dbl for 4 ppl) then beef and onions. Cook, stirring occasionally, until onions are soft and beef is cooked through, 4-6 min.** Carefully drain and discard excess fat. Season with salt and pepper. Add the Indian Spice Mix, tomato sauce base, garlic puree and ¼ cup water (dbl for 4 ppl). Cook stirring occasionally, until sauce is slightly thickened, 2-3 min.



Make chili oil and raita

While **beef filling** cooks, combine **cilantro**, **lime zest**, ½ **tsp chili** and ½ **tbsp oil** (dbl for 4 ppl) in a small bowl. (NOTE: Reference heat guide.) Set aside. Add **yogurt**, ½ **tsp sugar** (dbl for 4 ppl) and **grated cucumber** to a medium bowl. Season with **salt** and **pepper**, then stir to combine. Set aside.



Make salad

Whisk together 1 tbsp lime juice,
½ tsp sugar and 2 tbsp oil (dbl all for 4 ppl)
in a large bowl. Add spinach and cucumber
rounds. Season with salt and pepper, then
toss to combine.



Warm tortillas

Wrap **tortillas** in paper towels. Microwave until **tortillas** are warm and flexible, 1 min. (TIP: You can skip this step if you don't want to warm the tortillas!)



Finish and serve

Divide **beef filling** between **tortillas**. Top with **cucumber raita**, **tomatoes** and **chilicilantro oil**. Divide **tacos** and **salad** between plates.

Dinner Solved!