



# Beef Banh Mi-Style Bowls

with Pickled Carrots and Cucumbers

Quick

Spicy

25 Minutes



Ground Beef



Jasmine Rice



Mini Cucumber



Carrot, julienned



Sesame Seeds



Soy Sauce



Hoisin Sauce



Sriracha



Mayonnaise



Rice Vinegar



Cilantro

HELLO SRIRACHA

*This mildly spicy chili pepper sauce is popular in Southeast Asian cuisine!*

## Start here

Before starting, wash and dry all produce.

### Bust out

Medium bowl, measuring spoons, medium pot, small bowl, measuring cups, whisk, large non-stick pan

### Ingredients

	2 Person	4 Person
Ground Beef	250 g	500 g
Jasmine Rice	¾ cup	1 ½ cups
Mini Cucumber	132 g	264 g
Carrot, julienned	56 g	113 g
Sesame Seeds	1 tbsp	2 tbsp
Soy Sauce	1 tbsp	2 tbsp
Hoisin Sauce	4 tbsp	8 tbsp
Sriracha 🌶️	2 tsp	4 tsp
Mayonnaise	4 tbsp	8 tbsp
Rice Vinegar	1 tbsp	2 tbsp
Cilantro	7 g	14 g
Sugar*	½ tbsp	1 tbsp
Oil*		
Salt*		

\* Pantry items

\*\* Cook to a minimum internal temperature of 74°C/165°F.

### Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

*Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.*

### Contact

Call or email us | (855) 272-7002

hello@hellofresh.ca

HelloFresh.ca

Facebook Instagram Twitter Pinterest @HelloFreshCA



### 1

- #### Prep
- Add **1 ¼ cups water** and **½ tsp salt** (dbl both for 4 ppl) to a medium pot. Cover and bring to a boil over high heat.
  - Meanwhile, roughly chop **cilantro**.
  - Cut **cucumbers** into ¼-inch rounds.
  - Combine **mayo** and **sriracha** in a small bowl. Set aside.



### 2

- #### Cook rice
- Add **rice** to the **boiling water**. Reduce heat to low. Cover and cook until **rice** is tender and **liquid** is absorbed, 12-14 min.
  - Remove the pot from heat. Set aside, still covered.



### 3

- #### Quick-pickle veggies
- Meanwhile, whisk together **vinegar**, **¼ cup water** and **½ tsp sugar** (dbl both for 4 ppl) in a medium bowl.
  - Add **cucumbers** and **carrots**, then toss to coat.
  - Place in the fridge to pickle.



### 4

### Cook beef

- Heat a large non-stick pan over medium-high heat.
- When hot, add **½ tbsp oil** (dbl for 4 ppl), then **beef**. Cook, breaking up **beef** into smaller pieces, until no pink remains, 4-5 min.\*\*
- Carefully drain and discard excess fat.



### 5

### Finish beef

- Add **hoisin sauce**, **soy sauce** and **half the sesame seeds** to the pan.
- Cook, stirring often, until **beef** is coated, 1-2 min.



### 6

### Finish and serve

- Drain **pickled veggies** and discard liquid.
- Fluff **rice** with a fork, then season with **salt**, to taste.
- Divide **rice** between bowls. Top with **beef**, **pickled veggies** and **cilantro**.
- Spoon **sriracha mayo** over top, then sprinkle with **remaining sesame seeds**.

## Dinner Solved!