

Beef Banh Mi-Style Bowl

with Pickled Carrots and Cucumbers

Quick

Spicy

25 Minutes













Mini Cucumber

Carrot, julienned







Sesame Seeds





Rice Vinegar

Hoisin Sauce





Mayonnaise

Cilantro

HELLO BANH MI

Start here

Before starting, wash and dry all produce.

Bust out

Medium bowl, measuring spoons, strainer, medium pot, small bowl, measuring cups, whisk, large non-stick pan

Ingredients

ingredients		
	2 Person	4 Person
Ground Beef	250 g	500 g
Jasmine Rice	¾ cup	1½ cup
Mini Cucumber	132 g	264 g
Carrot, julienned	56 g	113 g
Sesame Seeds	1 tbsp	2 tbsp
Soy Sauce	1 tbsp	2 tbsp
Hoisin Sauce	4 tbsp	8 tbsp
Sriracha 🤳	2 tsp	4 tsp
Mayonnaise	4 tbsp	8 tbsp
Rice Vinegar	1 tbsp	2 tbsp
Cilantro	7 g	14 g
Sugar*	½ tbsp	1 tbsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Prep

Bring 1½ cups water and ½ tsp salt (dbl both for 4 ppl) to a boil in a covered medium pot. While water comes to a boil, roughly chop cilantro. Cut cucumbers into ¼-inch rounds. Combine mayo and sriracha in a small bowl. Set aside.



Cook rice

Add **rice** to the **boiling water**. Reduce heat to low. Cover and cook until **rice** is tender and **liquid** is absorbed, 12-14 min. Remove pot from heat. Set aside, still covered.



Pickle veggies

Whisk together vinegar, ¼ cup water and ½ tbsp sugar (dbl both for 4 ppl) in a medium bowl. Add cucumbers and carrots, then toss to coat. Place in the fridge to pickle.



Cook beef

Heat a large non-stick pan over medium-high heat. When hot, add ½ **tbsp oil** (dbl for 4 ppl), then **beef**. Cook, breaking up **beef** into smaller pieces, until no pink remains, 4-5 min.**



Finish beef

Carefully drain and discard excess fat. Add hoisin, soy sauce and half the sesame seeds. Cook, stirring often, until beef is coated, 1-2 min.



Finish and serve

Drain **pickled veggies** and discard liquid. Fluff **rice** with a fork, then season with **salt**. Divide **rice** between bowls. Top with **beef**, **pickled veggies** and **cilantro**. Spoon **spicy mayo** over top. Top with **remaining sesame seeds**.

Dinner Solved!

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^{**} Cook to a minimum internal temperature of 74°C/165°F.