

# Beef and Pork Bulgogi-Style Bowls

with Buttered Rice, Corn and Gochujang Mayo

Family Friendly Optional Spice 30 Minutes





Pork Mix



Soy Sauce



Green Onion





Garlic, cloves



Carrot, julienned





Gochujang

Corn Kernels



Mayonnaise





**Baby Spinach** 

HELLO GOCHUJANG

# Start here

Before starting, wash and dry all produce.

#### **Bust out**

Measuring spoons, medium pot, small bowl, measuring cups, large non-stick pan

# Ingredients

ingi edients		
	2 Person	4 Person
Ground Beef and Pork Mix	250 g	500 g
Soy Sauce	2 tbsp	4 tbsp
Sesame Oil	1 tbsp	2 tbsp
Green Onion	2	4
Carrot, julienned	56 g	113 g
Garlic, cloves	1	2
Corn Kernels	113 g	227 g
Basmati Rice	¾ cup	1 ½ cups
Gochujang 🤳	1 tbsp	2 tbsp
Mayonnaise	2 tbsp	4 tbsp
Baby Spinach	28 g	56 g
Unsalted Butter*	2 tbsp	4 tbsp
Sugar*	1 tsp	2 tsp
Salt and Pepper*		

- \* Pantry items
- \*\* Cook to a minimum internal temperature of 74°C/165°F.

# Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

#### Contact

Call us | (855) 272-7002 HelloFresh.ca





#### Cook rice and corn

- Add rice, 1 ¼ cups water and ¼ tsp salt (dbl both for 4 ppl) to a medium pot. Bring to a boil over high heat.
- Once **rice** is boiling, stir in **corn**, then return to a boil. Reduce heat to low. Cover and cook until **rice** is tender and **liquid** is absorbed, 12-14 min.
- Remove the pot from heat. Set aside, still covered.



## Prep

- Meanwhile, thinly slice **green onions**, keeping **white and green parts** separate.
- Peel, then mince or grate garlic.
- Add **mayo** and **half the gochujang** (use all for 4 ppl) to a small bowl. Season with **salt**, to taste, then stir to combine.



# Start bulgogi

- Heat a large non-stick pan over mediumhigh heat.
- When hot, add sesame oil, then beef and pork mix. Cook, breaking up beef and pork into smaller pieces, until no pink remains,
  4-5 min.\*\*
- Carefully drain and discard all but ½ tbsp fat (dbl for 4 ppl) from the pan.



## Finish bulgogi

- Add carrots, green onion whites and garlic to the pan with beef and pork. Cook, stirring occasionally, until carrots soften slightly, 2-3 min.
- Add soy sauce, 1 tsp sugar, 1/3 cup water (dbl both for 4 ppl) and spinach. Cook, stirring often, until spinach wilts and half the sauce is absorbed, 2-3 min.
- Season with **pepper**, to taste.



#### Finish rice

- Add **2 tbsp butter** (dbl for 4 ppl) to the pot with **rice and corn**. Stir until **butter** melts.
- Season with **pepper**, to taste.



## Finish and serve

- Divide **buttered rice and corn** between bowls. Top with **bulgogi**.
- Sprinkle **remaining green onions** over top.
- Dollop with **gochujang mayo**, if desired.

# **Dinner Solved!**