

# Beef and Mushroom Spaghetti

with Balsamic-Glazed Tomatoes

30 Minutes







Spaghetti



Mushrooms

**Baby Tomatoes** 





Baby Spinach

**Crushed Tomatoes** 







Parmesan Cheese, shredded

Balsamic Glaze





Italian Seasoning

Garlic Salt

## Start here

- Before starting, preheat the broiler to high.
- Wash and dry all produce.

#### **Bust out**

Baking sheet, colander, measuring spoons, aluminum foil, measuring cups, large pot, large non-stick pan

# Ingredients

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	2 Person	4 Person
Ground Beef	250 g	500 g
Spaghetti	170 g	340 g
Mushrooms	113 g	113 g
Baby Tomatoes	113 g	227 g
Baby Spinach	56 g	113 g
Crushed Tomatoes	370 ml	796 ml
Parmesan Cheese, shredded	1/4 cup	⅓ cup
Balsamic Glaze	2 tbsp	4 tbsp
Italian Seasoning	1 tbsp	2 tbsp
Garlic Salt	1 tsp	2 tsp
Oil*		
Salt and Pepper*		

- \* Pantry items
- \*\* Cook to a minimum internal temperature of 74°C/165°F.

## Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



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## Prep

- Add 10 cups water and 2 tsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat.
- Meanwhile, thinly slice mushrooms.
- Roughly chop **spinach**.



## Cook beef and mushrooms

- Heat a large non-stick pan over mediumhigh heat.
- When hot, add ½ tbsp oil (dbl for 4 ppl), then beef. Break up beef into smaller pieces, then add mushrooms. Cook, stirring occasionally, until no pink remains in beef, 4-5 min.\*\*
- · Carefully drain and discard excess fat.
- Season with Italian Seasoning, garlic salt and pepper. Cook, stirring often, until fragrant, 1 min.



# Cook spaghetti

- Meanwhile, break **spaghetti** in half, then add to the **boiling water**. Cook uncovered, stirring occasionally, until tender, 10-12 min.
- Reserve ¼ cup pasta water (dbl for 4 ppl), then drain and return spaghetti to the same pot, off heat.



#### Make sauce

- Meanwhile, add crushed tomatoes and half the balsamic glaze to the pan with beef and mushrooms. Reduce heat to medium and cook, stirring occasionally, until sauce thickens slightly, 6-8 min.
- Add **spinach**. Stir until wilted, 1-2 min.
- Remove the pan from heat.



## **Broil tomatoes**

- Meanwhile, add tomatoes and ½ tbsp oil (dbl for 4 ppl) to a foiled-lined baking sheet.
   Season with salt and pepper, then toss to coat.
- Broil in the **middle** of the oven until **tomatoes** burst, 5-6 min.
- Remove the baking sheet from the oven.
  Drizzle remaining balsamic glaze over tomatoes, then toss to coat.



#### Finish and serve

- Add sauce and reserved pasta water to the pot with spaghetti. Season with salt and pepper, then toss to combine.
- Divide beef and mushroom spaghetti between bowls. Top with tomatoes and any balsamic glaze from the baking sheet.
- Sprinkle Parmesan over top.

**Dinner Solved!**