

Beef and Mushroom Spaghetti

with Balsamic-Glazed Tomatoes

30 Minutes







Spaghetti





Mushrooms



Baby Tomatoes





Baby Spinach





Parmesan Cheese, shredded



Balsamic Glaze



Italian Seasoning



Start here

- Before starting, preheat the broiler to high.
- Wash and dry all produce.

Bust out

Baking sheet, large pot, measuring cups, measuring spoons, large non-stick pan, colander, aluminum foil

Ingredients

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	2 Person	4 Person
Ground Beef	250 g	500 g
Spaghetti	170 g	340 g
Mushrooms	113 g	227 g
Baby Tomatoes	113 g	227 g
Baby Spinach	56 g	113 g
Crushed Tomatoes	370 ml	796 ml
Parmesan Cheese, shredded	⅓ cup	½ cup
Balsamic Glaze	2 tbsp	4 tbsp
Italian Seasoning	1 tbsp	2 tbsp
Garlic Salt	1 tsp	2 tsp
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Prep

Add 10 cups water and 2 tsp salt to a large pot (use same for 4 ppl). Cover and bring to a boil over high heat. While water comes to a boil, thinly slice **mushrooms**. Roughly chop spinach.



Cook beef and mushrooms

Heat a large non-stick pan over medium-high heat. When hot, add 1/2 tbsp oil (dbl for 4 ppl), then **beef**. Break up **beef** into smaller pieces, then add mushrooms. Cook, stirring occasionally, until no pink remains in beef, 4-5 min.** Carefully drain and discard excess fat. Season with Italian Seasoning, garlic salt and pepper. Cook, stirring often, until fragrant, 1 min.



Cook spaghetti

While **beef and mushrooms** cook, break spaghetti in half, then add to the boiling water. Cook uncovered, stirring occasionally, until tender, 10-12 min. Reserve 1/4 cup pasta water (dbl for 4 ppl), then drain and return **spaghetti** to the same pot, off heat.



Make sauce

While spaghetti cooks, add crushed tomatoes and half the balsamic glaze to the pan with **beef and mushrooms**. Reduce heat to medium and cook, stirring occasionally, until sauce thickens slightly, 6-8 min. Add spinach. Stir until wilted, 1-2 min. Remove the pan from heat.



Broil tomatoes

While sauce cooks, add tomatoes and 1/2 tbsp oil (dbl for 4 ppl) to a foiled-lined baking sheet. Season with salt and pepper, then toss to coat. Broil in the **middle** of the oven until tomatoes burst, 5-6 min. Remove the baking sheet from the oven. Drizzle remaining balsamic glaze over tomatoes, then toss to coat.



Finish and serve

Add sauce and reserved pasta water to the pot with spaghetti. Season with salt and pepper, then toss to combine. Divide beef and mushroom spaghetti between bowls. Top with tomatoes and any remaining balsamic glaze from the baking sheet. Sprinkle **Parmesan** over top.

Dinner Solved!

Contact

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^{**} Cook to a minimum internal temperature of 74°C/165°F.