

# **Beef and Cabbage Gyoza Tacos**

with Fresh Salad and Sesame Dressing

**FAMILY** 

**30 Minutes** 









**Ground Beef** 





Moo Shu Spice Blend





Soy Sauce

Flour Tortillas

Green Cabbage





Mayonnaise



Sesame Seeds







Spring Mix

Rice Vinegar



**Cherry Tomatoes** 



Radishes

HELLO GYOZA

## **START HERE**

Before starting, wash and dry all produce.

#### **Bust Out**

Large Bowl, Large Non-Stick Pan, Paper Towels, Whisk, Small Bowl

#### **Ingredients**

	4 Person
Ground Beef	500 g
Sesame Oil	1 tbsp
Moo Shu Spice Blend	1 tbsp
Soy Sauce	⅓ cup
Flour Tortillas	12
Green Cabbage	113 g
Mayonnaise	⅓ cup
Sesame Seeds	1 tbsp
Rice Vinegar	1 tbsp
Spring Mix	113 g
Cherry Tomatoes	113 g
Radishes	4
Sugar*	1/4 tsp
Oil*	
Salt and Pepper*	

<sup>\*</sup> Pantry items

#### **Allergens**

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



#### 1. TOAST SESAME SEEDS

Heat a large non-stick pan over medium heat. Add the **sesame seeds** to the dry pan. Toast, stirring often, until golden-brown, 4-5 min. (**TIP:** Keep your eye on them so they don't burn!) Transfer to a small bowl.



#### 2. MAKE FILLING

Increase the heat to medium-high. When hot, add half the sesame oil to the same pan, then the beef and moo shu spice blend. Cook, breaking up beef into smaller pieces, until no pink remains, 4-5 min.\*\* Add cabbage, soy sauce and ¼ tsp sugar. Cook, stirring until cabbage wilts, 2-3 min. Season with pepper. Set aside.



#### 3. PREP

Cut radishes into 1/8-inch thin rounds. Halve the tomatoes. Whisk together mayo, rice vinegar, sesame seeds and remaining sesame oil in a large bowl. Season with pepper. Set aside.



#### 4. WARM TORTILLAS

Wrap **tortillas** in paper towels. Microwave until **tortillas** are warm and flexible, 1 min. (You can skip this step if you don't want to warm the tortillas!)



#### 5. ASSEMBLE TACOS

Divide **beef** and **cabbage mixture** between **tortillas**. Top with **half the radishes** and drizzle over **half the sesame mayo**.



#### 6. FINISH AND SERVE

Toss the **spring mix**, **tomatoes** and **remaining radishes** in the large bowl with the **remaining sesame dressing**. Divide the **tacos** and **salad** between plates.

### **Dinner Solved!**

#### Contact

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<sup>\*\*</sup> Cook to a minimum internal temperature of 71°C/160°F.