

Baja Barramundi

with Yellow Rice

PRONTO

30 Minutes







Barramundi

Grape Tomatoes





Cilantro







Mexican Seasoning

Lime

Basmati Rice

Sour Cream



Cumin-Turmeric Spice Blend





Green Onions

START HERE

Before starting, wash and dry all produce.

Bust Out

Large Non-Stick Pan, Measuring Cups & Spoons, Paper Towels, Microplane/Zester, Medium Bowl, Small Bowl, Medium Pot

Ingredients

	2 Person	4 Person
Barramundi	282 g	564 g
Grape Tomatoes	113 g	227 g
Cilantro	7 g	14 g
Basmati Rice	¾ cup	1 ½ cup
Sour Cream	3 tbsp	6 tbsp
Mexican Seasoning	1 tbsp	2 tbsp
Cumin-Turmeric Spice Blend	2 tsp	4 tsp
Lime	1	2
Green Onions	2	4
Oil*		
Salt and Pepper*		

^{*} Pantry items

Allergens

Hey home cooks! Please refer to our meal kit labels for the most current allergen information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.



Call or email us | (855) 272-7002 hello@hellofresh.ca HelloFresh.ca



1. PREP

Halve **tomatoes**. Thinly slice **green onions**, separating **whites** from **greens**. Roughly chop the **cilantro**. Zest, then juice **half the lime**. Cut the **remaining lime** into wedges.



2. COOK RICE

Heat a medium pot over medium-high heat. When hot, add 1 tbsp oil, green onion whites, rice and cumin-turmeric spice blend. Cook, stirring often, until fragrant 2-3 min. Add 1 ¼ cups water (dbl for 4 ppl) and bring to a boil over high heat. Reduce heat to low. Cover and cook, until rice is tender and liquid is absorbed, 12-14 min.



3. MAKE SALSA FRESCA

While the **rice** cooks, add **tomatoes**, **cilantro**, **green onion greens**, ½ **tbsp oil** (dbl for 4ppl) and **half the lime juice** to a medium bowl. Season with **salt** and **pepper** and stir to combine.



4. MAKE CREMA

Combine sour cream, remaining lime juice and 1/4 tsp lime zest (dbl for 4ppl) in a small bowl. Stir in water, 1/2 tbsp at a time until mixture reaches a drizzling consistency. Season with salt and pepper.



5. COOK FISH

Pat **barramundi** dry with paper towels.
Season with **salt** and **pepper**. Season flesh sides with **Mexican seasoning**. Heat a large nonstick pan over medium-high heat. When hot, add **1 tbsp oil** then the **barramundi**, skin sides down. Cook until skin is crispy, 4-5 min. Flip and cook until **barramundi** is opaque and cooked through, 2-3 min.**



6. FINISH AND SERVE

Fluff rice with a fork. Season with salt and pepper. Divide rice between plates. Top with barramundi and salsa fresca. Drizzle over the crema and squeeze over a lime wedge if desired.

Dinner Solved!

^{**} Cook to a minimum internal temperature of 74°C/165°F, as size may vary.