

Adobo-Inspired Coconut Chicken

with Veggie Skillet Rice and Crispy Shallots

Discovery 35 Minutes



- HELLO COCONUT MILK A delicious dairy alternative!

Start here

Wash and dry all produce.

Bust out

Medium bowl, vegetable peeler, measuring spoons, 2 medium pots, measuring cups, large non-stick pan, paper towels

Ingredients

	2 Person	4 Person
Chicken Thighs •	280 g	560 g
Chicken Breasts •	2	4
Jasmine Rice	¾ cup	1 ½ cups
Shanghai Bok Choy	113 g	226 g
Carrot	170 g	340 g
Coconut Milk	165 ml	330 ml
Crispy Shallots	28 g	28 g
Ginger-Garlic Puree	2 tbsp	4 tbsp
Soy Sauce	2 tbsp	4 tbsp
Rice Vinegar	1 tbsp	2 tbsp
Cornstarch	1 tbsp	2 tbsp
Garlic Salt	1 tsp	2 tsp
Unsalted Butter*	1 tbsp	2 tbsp
Sugar*	1 tsp	2 tsp
Oil*		
Salt and Pepper*		

* Pantry items

** Cook to a minimum internal temperature of 74°C/165°F, as size may vary.

• Vacuum-pack guarantees maximum freshness but can lead to small colour changes and a stronger scent. Both will disappear 3 minutes after opening.

Allergens

Hey home cooks! Please refer to the website or app for the as-prepared recipe nutritional information.

Ingredients are packaged in a facility that also handles egg, fish, crustacean, shellfish, milk, mustard, peanuts, sesame, soy, sulphites, tree nuts and wheat.

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Cook rice

• Add **1** ¹/₄ **cups water** and ¹/₈ **tsp salt** (dbl both for 4 ppl) to a medium pot. Cover and bring to a boil over high heat.

- Once boiling, add **rice**, then reduce heat to low. Cover and cook until **rice** is tender and **liquid** is absorbed, 12-14 min.
- Remove the pot from heat. Set aside, still covered.



Make sauce

- Reheat the same pot over medium.
- When hot, add ½ **tbsp oil** (dbl both 4 ppl) and **ginger-garlic puree**. Cook, stirring often, until fragrant, 30 sec.
- Add coconut milk, soy sauce, vinegar and 1 tsp sugar (dbl for 4 ppl), then stir to combine.
- Bring **sauce** to a simmer. Cook, stirring occasionally and scraping **any browned bits** from the bottom of the pot, until **sauce** has thickened slightly, 2-3 min.
- Add chicken and any juices from the plate.
- Cook uncovered, flipping **chicken** halfway through, until **sauce** thickens and **chicken** is cooked through, 5-7 min.**



Prep

• Meanwhile, cut **bok choy** into ½-inch pieces.(**TIP**: Rinse bok choy leaves to wash away any hidden dirt!)

- Peel, then halve **carrot** lengthwise, then cut into ¼-inch half-moons.
- Combine cornstarch, half the garlic salt and 1/8 tsp pepper (dbl for 4 ppl) in a medium bowl.
- Heat another medium pot (use large for 4 ppl) over medium-high heat.
- While pot heats, pat **chicken** dry with paper towels.

If you've opted to get **chicken breasts**, prepare and cook them in the same way the recipe instructs you to prepare and cook the **chicken thighs**.



Make skillet rice

• Meanwhile heat a large non-stick pan over medium-high heat.

- When hot, add carrots, bok choy, 1 tsp oil and ¹/₃ cup water (double both for 4 ppl). Season with salt and pepper. Cook, stirring occasionally, until water evaporates, 3-4 min.
- Add **1 tbsp butter** (dbl for 4 ppl). Cook, stirring frequently, until melted, 1 min.

• Fluff rice with a fork. Add rice and remaining garlic salt to the pan with **bok choy**. Stir to combine.



Coat and cook chicken

• Add chicken to cornstarch mixture and toss to coat. Using your hands, press cornstarch mixture into chicken to fully cover.

• When hot, add ½ **tbsp oil** (dbl for 4 ppl), then **chicken**. (NOTE: Don't overcrowd the pot; cook chicken in 2 batches if needed.) Sear until golden-brown, 2-3 min per side. (NOTE: It's okay if chicken doesn't cook all the way through in this step. It will finish cooking in step 4.)

• Remove the pot from heat, then transfer **chicken** to a plate.

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Finish and serve

- Add **half the crispy shallots** to the pan with **skillet rice**. Stir to combine.
- Divide **rice** and **chicken** between plates. Spoon over **any remaining sauce** from the pot.
- Sprinkle remaining crispy shallots over top.

Dinner Solved!

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